

Call for Submissions – A State of Healing

—full submission guidelines below

What We're Making

A State of Healing is a community-driven anthology of poetry, prose, and letters by Wisconsin writers, mapping our journeys from injury to renewal. We'll hold space for stories of hardship, hope, and the small miracles that carry us forward.

We're inviting submissions for *A State of Healing*, a book exploring how we heal, grow, and reclaim our strength. This project aims to amplify the voices of Wisconsin—showcasing the resilience, honesty, and hope within our communities.

Who May Submit

- **Currently living in Wisconsin**, or
- **Strong ties to Wisconsin** (born/raised here, long-term connection)

No prior publication or training required—just honest, heartfelt writing.

What We're Looking For

- **Your Authentic Voice**

We're looking for work that comes straight from your heart and mind. Please submit pieces written entirely by you, without AI assistance, so we can share the true, human experience of healing.

- **Healing Poetry:** up to **3 poems**, each ≤ 40 lines
 - **Resilience Essays:** 300–1,000 words of personal reflection or memoir
 - **Letters:** 100–500 words addressed to your past self, a loved one, or the universe
 - **Flash Fiction or Memoir Excerpt of Courage:** 200–500 words capturing a breakthrough moment
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Thematic Tracks

Writers are welcome to “tag” their submission with one of these for organizational focus:

- **Healing:** Reflections on personal recovery, resilience, and transformation.
 - **Land & Place:** Letters to the land, nature meditations, or how Wisconsin’s landscape shaped your healing.
 - **Labor & Renewal:** Work as both struggle and solace—farm life, factory floors, service jobs, and their redemptive arcs.
 - **Family & Ancestry:** Inherited wounds and the breakthroughs that come from understanding lineage and letting go.
 - **Community & Connection:** Acts of collective care, neighborhood rituals, or the people who lifted you up.
 - **Humor in Healing:** Wry, light-hearted, or satirical pieces that find laughter in hardship.
 - **Memorial Tributes:** Poems or essays honoring someone lost and the role writing plays in remembrance.
 - **Dreamscapes & Aspirations:** Imaginative flights—visions of hope, future self-promises, or surreal explorations of healing.
 - **Courage in Crisis:** Flash moments of bravery, breakthrough narratives, or sudden shifts from fear to strength.
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Submission Details

- **Deadline:** July 31 2025 at 11:59 PM CDT
- **How to Submit:**
 - **Email:** send Word doc, Google Doc link, or paste text to

stateofhealingbook@gmail.com
 - **Postal:** ****Must include SASE****

State of Healing Anthology

c/o G. Anthony

99 W. 2nd Street #171

Fond du Lac, WI 54936

- **Email must include:**
 1. Your **name** (and how you’d like it printed)
 2. A brief **bio** (1–2 sentences)
 3. Your **city & state**
 4. Your chosen **category** and **track**

Submission Format & Process

- **Blind first reads:** Please **remove your name** from the document body
 - **File types:** .doc/.docx, .rtf, or pasted plain text
 - **No simultaneous submissions** or previously published work
 - You'll receive an **auto-reply confirmation** within **3 business days**
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Selection & Notifications

- **How we choose:** blind-read by our editorial team, judged on emotional impact, craft, and thematic fit (healing)
 - **Notification by: September 5, 2025**
 - **Accepted writers** notified first; all others receive a thoughtful “thank you”
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Rights & Usage

By submitting, you confirm:

1. You retain **full copyright** and ownership of your work.
 2. You grant the editor **non-exclusive, first-print** (print + e-book) and **non-exclusive audio** rights for this anthology.
 3. The editor may excerpt up to **300 words** for promotional use (social media, website, review copies), always crediting you by name.
 4. You grant permission to print your name, bio, and headshot (if provided).
 5. All rights **revert to you** automatically after first publication.
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Audio & Promotional Reads

- Selected pieces **may** be read on the Homemade Author Podcast or other audio features.
 - **Complimentary audio download** for contributors;
 - If you **prefer no audio readings**, please note that in your submission.
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Contributor Benefits & Copies

- **3 complimentary print copies** per accepted writer.
 - **Contributor Extras:** After acceptance, you may purchase additional print copies **at cost**. Final per-copy pricing (including printing, shipping, and handling) will be confirmed in your acceptance email once we have exact figures.
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Content & Safety

- Trigger-warning tag any pieces containing **suicide, abuse, or violence**.
- We'll include a brief resource list in the back of the anthology for mental-health support.

Thank you for considering *A State of Healing*. Every submission will be read with care and gratitude. We can't wait to hear your voice.

Questions?

Email – stateofhealingbook@gmail.com

Subject line: "State of Healing Question"

— G. Anthony, Editor