

A State of Healing Retreat

A Weekend Healing Experience

Location: A quiet cabin in nature

Capacity: 5–6 souls

Status: Sign-up coming soon

About the Retreat

A State of Healing is an intimate, nature-based retreat for those who carry deep feeling, unspoken weight, or the quiet urge to come home to themselves.

This isn't about doing more.

It's about being here.

You'll be surrounded by stillness, story, and a handful of kindred spirits. Together, we'll share space, write from truth, breathe deeper, and release what no longer needs to be held.

What to Expect

- A peaceful cabin setting surrounded by nature
- Shared meals, activities, gentle conversation, and moments of healing silence
- Writing as release—no pressure to share, only permission
- Intentional pauses, rest, and reconnection
- A weekend designed to lighten what's heavy and bring you back to center

How to Join

The first gathering is forming.

There is no set date—only the right time.

If something in you stirred, trust it.

A sign-up form is coming soon to HomemadeAuthor.com.

In the meantime, feel free to DM me to express interest or ask a question.

Come As You Are

This retreat is for those seeking real healing, not perfection.

No performance. No pressure. Just presence.

Leave lighter than you arrived.